

Subjective Experience Divided And Conquered

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This paper presents an analysis of the structure of subjective experience - its basic sensory-based building blocks, their properties (like e.g., *submodalities*), and how they are linked together by way of *anchoring* into more complex units.

“Conquering” subjective experience, i.e., how we can access and apprehend our own, describe them to others, and identify others' subjective experiences, is discussed in terms of recognizing and attending to physiological and linguistic cues.

The paper also discusses some of the numerous applications of the presented results in Education, Design, and Intelligent Systems.